

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>SALSAS AND DIPS</b>																
<b>(Choice of 3 for Pickadippa)</b>																
Fire-Roasted Tomato-Chipotle Salsa	5 oz.	50	0	0g	0g	0g	0mg	850mg	11g	< 1g	6g	0g	15%	30%	8%	6%
Mad Mex Salsa	5 oz.	50	0	0g	0g	0g	0mg	620mg	10g	0g	7g	0g	25%	25%	2%	10%
Pico de Gallo	5 oz.	40	0	0g	0g	0g	0mg	210mg	8g	2g	5g	2g	30%	45%	2%	4%
Pineapple-Habanero Salsa	5 oz.	100	0	0g	0g	0g	0mg	640mg	24g	3g	16g	2g	15%	190%	2%	6%
Tomatillo-Avocado Salsa	5 oz.	160	100	12g	1.5g	0g	0mg	660mg	14g	7g	5g	3g	8%	60%	2%	10%
Black Bean Dip	5 oz.	330	220	24g	7g	0g	40mg	660mg	27g	15g	1g	17g	8%	4%	30%	20%
Guacamole	5 oz.	230	170	21g	3g	0g	0mg	310mg	13g	9g	< 1g	3g	6%	30%	2%	4%
Pepita Hummus	5 oz.	490	360	42g	6g	0g	0mg	690mg	25g	6g	< 1g	11g	2%	15%	4%	15%
XX Cheese Dip	5 oz.	220	140	17g	4.5g	0g	25mg	1430mg	11g	0g	2g	5g	15%	6%	15%	4%
Chip Basket	8 oz.	1130	440	49g	8g	0g	0mg	1220mg	154g	0g	0g	16g	0%	0%	0%	0%
<b>APPETIZERS</b>																
<b>(Facts are for 2 servings)</b>																
Guacamole and Chips (Salsa not included)		1360	610	69g	11g	0g	0mg	1530mg	167g	9g	<1g	19g	6%	30%	2%	4%
Kaya's Yucatan Black Bean Dip w/ Chips		1620	760	85g	19g	0g	65mg	2180mg	191g	21g	2g	42g	10%	4%	45%	25%
Mad Mex Chips and Salsa (Salsa not included)		1130	440	49g	8g	0g	0mg	1220mg	154g	0g	0g	16g	0%	0%	0%	0%
Pepita Hummus w/ Flatbread		920	440	53g	8g	0g	0mg	1380mg	96g	10g	< 1g	24g	2%	15%	35%	40%
XX Cheese Dip w/ Chips		1450	630	72g	14g	0g	35mg	3210mg	169g	0g	2g	23g	20%	8%	20%	6%
Jersey Chips (w/ 4 oz. Ranch or Cheese Dip)		1080	710	80g	28g	0g	150mg	1370mg	57g	5g	0g	41g	30%	25%	100%	10%
Nacho Grande		2380	1200	137g	54g	0g	240mg	4880mg	231g	43g	12g	85g	100%	70%	170%	60%
Nacho Grande	Barbacoa	2890	1520	170g	63	0g	415mg	7730mg	212g	24g	14g	130g	240%	70%	190%	60%
Nacho Grande	Beef	2270	1080	122g	48g	0g	250mg	4310mg	227g	40g	10g	95g	70%	45%	150%	60%
Nacho Grande	Carnitas	2260	1140	129g	49g	0g	305mg	4550mg	195g	18g	14g	91g	80%	160%	100%	35%
Nacho Grande	Chicken	2320	1080	122g	47g	0g	300mg	4220mg	222g	40g	8g	111g	70%	40%	150%	50%
Nacho Grande	Steak	2300	1090	123g	48g	0g	275mg	4020mg	221g	39g	8g	105g	70%	35%	150%	60%
Nacho Grande	Turkey Chili	2160	1090	124g	45g	0g	210mg	4110mg	197g	15g	12g	63g	90%	90%	130%	25%
Pennsylvlucky Fried Tofu		1550	530	62g	9g	0g	0mg	3700mg	171g	15g	93g	86g	10%	80%	50%	110%
Taquito, Potato (2 ea.)		890	490	56g	33g	0g	150mg	1420mg	72g	9g	3g	27g	35%	15%	70%	20%
Taquito, Shrimp and Portabella (2 ea.)		700	380	44g	24g	0g	170mg	1140mg	58g	4g	4g	18g	35%	30%	30%	15%
<b>SOUPS</b>																
Black Bean Soup	cup	130	25	3g	1.5g	0g	5mg	450mg	33g	19g	4g	12g	6%	10%	8%	25%
Black Bean Soup	bowl	160	25	3g	1.5g	0g	5mg	580mg	43g	25g	5g	15g	6%	15%	10%	30%
Chickpea Chili	cup	210	60	7g	3g	0g	15mg	790mg	26g	6g	7g	8g	8%	35%	10%	10%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Chickpea Chili</b>	bowl	310	90	10g	4.5g	0g	20mg	1130mg	38g	9g	10g	11g	10%	50%	15%	15%
<b>Tortilla Soup</b>	cup	180	90	10g	2.5g	0g	15mg	810mg	17g	0g	1g	6g	6%	6%	6%	2%
<b>Tortilla Soup</b>	bowl	280	130	15g	4g	0g	25mg	1190mg	27g	0g	2g	10g	8%	8%	10%	2%
<b>Turkey Chili</b>	cup	230	70	8g	2.5g	0g	40mg	650mg	26g	6g	6g	14g	8%	20%	8%	10%
<b>Turkey Chili</b>	bowl	330	100	11g	4g	0g	55mg	920mg	38g	9g	9g	20g	10%	25%	10%	15%
<b>SALADS</b>																
<b>California Grilled Salad</b>	Chicken	570	270	31g	13g	0g	180mg	1030mg	15g	8g	3g	60g	100%	70%	60%	20%
<b>California Grilled Salad</b>	Chicken, lunch	420	230	27g	12g	0g	120mg	690mg	10g	6g	2g	38g	60%	40%	50%	10%
<b>California Grilled Salad</b>	Portabella	520	330	39g	13g	0g	60mg	850mg	27g	11g	10g	26g	100%	70%	50%	20%
<b>California Grilled Salad</b>	Portabella, lunch	400	270	31g	12g	0g	60mg	600mg	16g	7g	5g	21g	60%	40%	50%	10%
<b>California Grilled Salad</b>	Steak	640	310	36g	15g	0g	190mg	910mg	14g	7g	3g	64g	100%	70%	60%	30%
<b>California Grilled Salad</b>	Steak, lunch	460	260	29g	13g	0g	125mg	630mg	9g	5g	2g	40g	60%	40%	50%	20%
<b>Casa Salad</b>		330	210	24g	11g	0g	50mg	860mg	11g	4g	4g	20g	290%	40%	40%	15%
<b>Casa Salad</b>	lunch	120	70	8g	3g	0g	10mg	240mg	6g	2g	2g	7g	150%	25%	10%	8%
<b>Chopper Salad</b>	Chicken	510	140	16g	2.5g	0g	120mg	880mg	46g	15g	8g	50g	360%	170%	15%	25%
<b>Chopper Salad</b>	Portabella	460	210	24g	3.5g	0g	0mg	710mg	57g	18g	15g	16g	360%	170%	10%	25%
<b>Chopper Salad</b>	Steak	580	190	21g	5g	0g	125mg	760mg	44g	14g	8g	54g	360%	170%	15%	40%
<b>Grilled Mahi Mahi Salad</b>		820	400	46g	7g	0g	195mg	1170mg	49g	15g	6g	60g	130%	190%	20%	50%
<b>Kale Salad</b>		940	720	84g	14g	0g	15mg	570mg	42g	14g	2g	20g	560%	570%	60%	25%
<b>Pittsburgh Salad</b>	Chicken	1140	640	71g	19g	0g	180mg	2080mg	64g	9g	4g	62g	300%	60%	50%	20%
<b>Pittsburgh Salad</b>	Steak	1220	680	77g	21g	0g	190mg	1960mg	62g	8g	4g	66g	300%	50%	50%	35%
<b>Taco Salad</b>																
<b>(w/ Fried 12" Flour Tortilla Bowl)</b>		840	380	43g	23g	0g	140mg	2300mg	72g	7g	14g	42g	70%	130%	70%	40%
<b>Wing-O Salad</b>	Classic Buffalo	1060	570	63g	18g	0g	245mg	4310mg	37g	6g	4g	82g	140%	70%	60%	30%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Wing-O Salad</b>	<b>Honey-Chipotle B</b>	1060	380	42g	15g	0g	245mg	2420mg	87g	6g	48g	82g	130%	70%	60%	30%
<b>Wing-O Salad</b>	<b>Insane</b>	780	260	29g	12g	0g	245mg	4880mg	43g	7g	4g	83g	110%	110%	60%	35%
<b>Wing-O Salad</b>	<b>San Francisco</b>	1060	510	56g	17g	0g	245mg	3760mg	56g	6g	22g	82g	130%	70%	60%	30%
<b>Wing-O Salad</b>	<b>Southwest</b>	1140	610	70g	18g	0g	245mg	2830mg	47g	7g	4g	84g	130%	90%	70%	40%
<b>10" Flour Tortilla</b>		200	60	6g	2.5g	0g	0mg	330mg	32g	2g	0g	5g	0%	0%	10%	8%
<b>Dressings:</b>																
<b>Bleu Cheese Dressing</b>	<b>2 oz.</b>	300	280	31g	9g	0g	50mg	630mg	3g	0g	< 1g	4g	6%	0%	10%	0%
<b>Bleu Cheese Dressing</b>	<b>4 oz.</b>	610	560	62g	18g	0g	95mg	1260mg	5g	0g	2g	8g	15%	0%	25%	0%
<b>Cilantro-Lime Vinaigrette</b>	<b>2 oz.</b>	330	320	37g	6g	0g	< 5mg	160mg	1g	0g	0g	< 1g	6%	8%	4%	0%
<b>Cilantro-Lime Vinaigrette</b>	<b>4 oz.</b>	660	640	75g	12g	0g	5mg	320mg	3g	0g	0g	2g	10%	15%	6%	2%
<b>House Vinaigrette</b>	<b>2 oz.</b>	320	300	35g	5g	0g	35mg	220mg	3g	0g	2g	< 1g	2%	0%	2%	2%
<b>House Vinaigrette</b>	<b>4 oz.</b>	630	590	69g	10g	0g	70mg	450mg	5g	0g	4g	1g	4%	0%	2%	4%
<b>Ranch Dressing</b>	<b>2 oz.</b>	240	230	25g	5g	0g	30mg	450mg	4g	0g	2g	2g	2%	0%	6%	0%
<b>Ranch Dressing</b>	<b>4 oz.</b>	480	460	50g	10g	0g	60mg	890mg	8g	0g	4g	3g	4%	2%	10%	0%
<b>Vegan Ranch Dressing</b>	<b>2 oz.</b>	150	80	8g	3.5g	0g	0mg	400mg	18g	0g	6g	2g	0%	4%	0%	0%
<b>Vegan Ranch Dressing</b>	<b>4 oz.</b>	310	150	17g	7g	0g	0mg	810mg	36g	0g	12g	4g	0%	8%	0%	2%
<b>WINGS</b>																
<b>Bone-in Wings with Celery Sticks</b>																
Small: 7 ea. / Large: 14 ea.																
<b>Classic Buffalo</b>	<b>small</b>	710	530	58g	15g	0g	175mg	2010mg	< 1g	0g	0g	40g	30%	2%	0%	10%
<b>Classic Buffalo</b>	<b>large</b>	1420	1060	117g	30g	0g	350mg	4020mg	2g	< 1g	< 1g	81g	60%	2%	2%	20%
<b>Honey Chipotle</b>	<b>small</b>	710	400	45g	12g	0g	175mg	750mg	34g	0g	30g	40g	20%	2%	2%	10%
<b>Honey-Chipotle</b>	<b>large</b>	1420	810	89g	25g	0g	350mg	1490mg	68g	< 1g	61g	81g	40%	4%	2%	25%
<b>Insane</b>	<b>small</b>	520	320	36g	11g	0g	175mg	2390mg	5g	1g	1g	41g	10%	30%	4%	15%
<b>Insane</b>	<b>large</b>	1050	650	72g	21g	0g	350mg	4770mg	10g	2g	2g	82g	20%	60%	6%	30%
<b>Bone-in Wings, Insane Classic Buffalo</b>	<b>small</b>	620	430	47g	13g	0g	175mg	2200mg	3g	< 1g	< 1g	41g	20%	15%	2%	15%
<b>Bone-in Wings, Insane Classic Buffalo</b>	<b>large</b>	1230	850	94g	25g	0g	350mg	4400mg	6g	1g	1g	82g	40%	30%	4%	25%
<b>Bone-in Wings, Insane San Francisco</b>	<b>small</b>	620	410	45g	12g	0g	175mg	2020mg	9g	< 1g	7g	41g	20%	15%	2%	15%
<b>Bone-in Wings, Insane San Francisco</b>	<b>large</b>	1240	810	90g	25g	0g	350mg	4030mg	18g	1g	13g	82g	35%	30%	4%	25%
<b>Bone-in Wings, Insane Southwest</b>	<b>small</b>	640	440	50g	13g	0g	175mg	1710mg	6g	1g	< 1g	41g	15%	25%	4%	15%
<b>Bone-in Wings, Insane Southwest</b>	<b>large</b>	1280	880	99g	25g	0g	350mg	3410mg	12g	2g	2g	83g	30%	50%	8%	35%
<b>San Francisco</b>	<b>small</b>	710	490	54g	14g	0g	175mg	1650mg	14g	0g	13g	41g	25%	2%	0%	10%
<b>San Francisco</b>	<b>large</b>	1430	970	108g	28g	0g	350mg	3290mg	27g	< 1g	25g	81g	50%	2%	2%	25%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Southwest</b>	small	760	560	63g	15g	0g	175mg	1020mg	8g	1g	< 1g	42g	20%	20%	6%	20%
<b>Southwest</b>	Large	1520	1120	127g	29g	0g	350mg	2040mg	15g	3g	2g	83g	40%	40%	10%	35%
<b>BONELESS WINGS</b>																
Small: 4 oz. / Large: 8 oz.																
<b>Classic Buffalo</b>	small	500	280	31g	5g	0g	115mg	2560mg	14g	1g	< 1g	40g	30%	6%	6%	10%
<b>Classic Buffalo</b>	large	920	530	58g	10g	0g	180mg	4870mg	27g	2g	< 1g	65g	60%	10%	8%	20%
<b>Honey-Chipotle BBQ</b>	small	510	150	17g	3g	0g	115mg	1300mg	47g	1g	30g	40g	20%	8%	6%	10%
<b>Honey-Chipotle BBQ</b>	large	1010	310	34g	6g	0g	230mg	2580mg	95g	3g	61g	80g	40%	15%	10%	20%
<b>Insane</b>	small	320	70	8g	1g	0g	115mg	2930mg	18g	2g	1g	41g	10%	35%	8%	15%
<b>Insane</b>	large	640	150	16g	2.5g	0g	230mg	5860mg	36g	4g	2g	82g	20%	70%	15%	25%
<b>San Francisco</b>	small	510	240	26g	4.5g	0g	115mg	2190mg	27g	1g	13g	40g	25%	6%	6%	10%
<b>San Francisco</b>	large	1020	470	52g	9g	0g	230mg	4380mg	53g	3g	26g	80g	50%	15%	10%	20%
<b>Southwest</b>	small	560	310	36g	5g	0g	115mg	1570mg	21g	2g	1g	41g	20%	25%	10%	15%
<b>Southwest</b>	large	1120	620	71g	10g	0g	230mg	3130mg	41g	5g	2g	82g	40%	50%	20%	35%
<b>SEITAN WINGS</b>																
Choice of (2 oz. Small/4 oz. Large):																
<b>Classic Buffalo</b>	small	440	240	26g	4.5g	0g	0mg	2270mg	21g	2g	3g	28g	25%	2%	4%	10%
<b>Classic Buffalo</b>	large	880	480	52g	9g	0g	0mg	4540mg	41g	4g	6g	56g	45%	2%	6%	25%
<b>Honey-Chipotle BBQ</b>	small	440	120	12g	2g	0g	0mg	1010mg	54g	2g	33g	28g	15%	2%	4%	10%
<b>Honey-Chipotle BBQ</b>	large	880	230	25g	3.5g	0g	0mg	2020mg	108g	4g	66g	56g	25%	4%	8%	25%
<b>San Francisco</b>	small	440	200	22g	3.5g	0g	0mg	1910mg	34g	2g	15g	28g	20%	2%	4%	10%
<b>San Francisco</b>	large	890	400	43g	7g	0g	0mg	3810mg	67g	4g	31g	57g	35%	2%	6%	25%
<b>Southwest</b>	small	490	270	31g	4g	0g	0mg	1290mg	28g	3g	4g	29g	15%	20%	8%	20%
<b>Southwest</b>	large	990	540	62g	8g	0g	0mg	2570mg	55g	6g	7g	59g	25%	40%	15%	35%
<b>BLEU CHEESE DRESSING</b>																
<b>Bleu Cheese Dressing</b>	2 oz.	300	280	31g	9g	0g	50mg	630mg	3g	0g	< 1g	4g	6%	0%	10%	0%
<b>Bleu Cheese Dressing</b>	4 oz.	610	560	62g	18g	0g	95mg	1260mg	5g	0g	2g	8g	15%	0%	25%	0%
<b>RANCH DRESSING</b>																
<b>Ranch Dressing</b>	2 oz.	240	230	25g	5g	0g	30mg	450mg	4g	0g	2g	2g	2%	0%	6%	0%
<b>Ranch Dressing</b>	4 oz.	480	460	50g	10g	0g	60mg	890mg	8g	0g	4g	3g	4%	2%	10%	0%
<b>VEGAN RANCH DRESSING</b>																
<b>Vegan Ranch Dressing</b>	2 oz.	150	80	8g	3.5g	0g	0mg	400mg	18g	0g	6g	2g	0%	4%	0%	0%
<b>Vegan Ranch Dressing</b>	4 oz.	310	150	17g	7g	0g	0mg	810mg	36g	0g	12g	4g	0%	8%	0%	2%
<b>BARE-ITOS</b>																
<b>Bare-ito</b>	Chicken	560	190	22g	11g	0g	145mg	1310mg	46g	12g	2g	53g	25%	20%	45%	20%
<b>Bare-ito</b>	Portobella	520	230	27g	12g	0g	60mg	1170mg	54g	14g	7g	28g	20%	15%	45%	20%
<b>Bare-ito</b>	Shrimp	480	170	19g	11g	0g	200mg	1500mg	46g	11g	2g	41g	25%	15%	50%	20%

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Bare-ito	Steak	540	200	23g	12g	0g	125mg	1120mg	46g	11g	2g	46g	20%	15%	45%	25%
Bare-ito	Tofu	570	220	25g	11g	0g	60mg	1090mg	55g	13g	7g	42g	25%	20%	50%	40%
<b>BURRITOS</b> (Facts w/ 12" Flour Tortilla)																
Angry Hippie (STP) Burrito		880	330	37g	17g	0g	65mg	2200mg	115g	25g	14g	42g	150%	80%	70%	60%
Angry Hippie (STP) Burrito	Vegan	840	270	31g	10g	0g	0mg	2370mg	129g	27g	13g	30g	140%	70%	30%	60%
Barbacoa Burrito	Barbacoa	1120	350	41g	18g	0g	215mg	4230mg	109g	16g	8g	88g	160%	35%	70%	60%
Carnitas Burrito	Carnitas	1290	550	63g	32g	0g	280mg	2770mg	114g	7g	21g	68g	80%	310%	70%	45%
Chickpea Chili Burrito		770	250	28g	16g	0g	65mg	2090mg	95g	8g	10g	30g	35%	60%	60%	35%
Chickpea Chili Burrito	Chicken	890	290	33g	17g	0g	155mg	2330mg	89g	6g	9g	57g	35%	50%	60%	35%
Dance Marathon Burrito		1030	370	42g	18g	0g	155mg	2570mg	113g	24g	12g	70g	140%	60%	70%	60%
Dance Marathon Burrito	Vegetarian	1050	400	46g	18g	0g	65mg	2340mg	121g	25g	16g	59g	140%	60%	80%	80%
Fajita Burrita	Chicken	940	290	33g	17g	0g	155mg	2290mg	112g	23g	12g	66g	60%	190%	60%	50%
Fajita Burrita	Portabella	900	330	38g	17g	0g	65mg	2140mg	120g	26g	16g	41g	60%	180%	60%	50%
Fajita Burrita	Shrimp	860	270	31g	16g	0g	205mg	2470mg	112g	23g	12g	54g	60%	180%	70%	50%
Fajita Burrita	Steak	920	300	34g	18g	0g	130mg	2090mg	111g	23g	12g	59g	60%	180%	70%	60%
Fajita Burrita	Tofu	950	310	36g	17g	0g	65mg	2060mg	120g	24g	16g	55g	60%	180%	70%	70%
Kristy's Big Sister's Red Velvet Burrito		940	300	34g	17g	0g	155mg	2430mg	110g	23g	10g	67g	160%	100%	70%	60%
Kristy's Big Sister's Red Velvet Burrit	Vegetarian	950	320	37g	17g	0g	65mg	2200mg	118g	24g	15g	57g	150%	90%	80%	80%
Mad Mex Burrito	Chicken	890	280	32g	16g	0g	155mg	2210mg	102g	20g	7g	64g	35%	35%	60%	50%
Mad Mex Burrito	Portabella	850	320	37g	17g	0g	65mg	2070mg	110g	23g	11g	40g	35%	30%	60%	50%
Mad Mex Burrito	Shrimp	810	260	30g	16g	0g	205mg	2400mg	102g	20g	6g	52g	35%	30%	70%	45%
Mad Mex Burrito	Steak	870	290	33g	18g	0g	130mg	2020mg	101g	20g	6g	58g	35%	30%	60%	50%
Mad Mex Burrito	Tofu	900	310	35g	17g	0g	65mg	1990mg	110g	21g	11g	53g	35%	30%	70%	70%
Mole Burrito	Chicken	1190	450	51g	22g	0g	160mg	2510mg	127g	26g	20g	73g	150%	60%	80%	60%
Pico Burrito		750	240	27g	15g	0g	65mg	1930mg	108g	22g	10g	37g	60%	70%	60%	50%
Shrimp Mushroom and Spinach Burrito		960	350	40g	17g	0g	205mg	2750mg	112g	24g	12g	58g	140%	60%	80%	60%
Spicy Mad Mex Burrito	Chicken	900	280	32g	16g	0g	155mg	2870mg	104g	21g	8g	64g	45%	40%	60%	50%
Spicy Mad Mex Burrito	Portabella	860	320	37g	17g	0g	65mg	2720mg	111g	23g	12g	40g	45%	35%	60%	50%
Spicy Mad Mex Burrito	Shrimp	820	260	30g	16g	0g	205mg	3060mg	103g	21g	8g	52g	45%	35%	70%	45%
Spicy Mad Mex Burrito	Steak	880	290	33g	18g	0g	130mg	2670mg	103g	21g	7g	58g	45%	35%	60%	60%
Spicy Mad Mex Burrito	Tofu	910	310	35g	17g	0g	65mg	2640mg	112g	22g	12g	54g	45%	35%	70%	70%
Super Mad Mex Burrito	Chicken	920	290	33g	17g	0g	155mg	2400mg	92g	8g	9g	59g	190%	90%	70%	50%
Super Mad Mex Burrito	Portabella	880	340	38g	17g	0g	65mg	2250mg	100g	10g	14g	35g	190%	90%	70%	50%
Super Mad Mex Burrito	Shrimp	840	270	31g	16g	0g	205mg	2580mg	92g	8g	9g	47g	190%	90%	70%	45%
Super Mad Mex Burrito	Steak	900	300	34g	18g	0g	130mg	2200mg	91g	8g	9g	53g	190%	90%	70%	50%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Super Mad Mex Burrito</b>	Tofu	930	320	37g	17g	0g	65mg	2170mg	100g	9g	14g	49g	190%	90%	70%	70%
<b>Thai Curry Burrito</b>	Chicken	1010	340	40g	15g	0g	85mg	1910mg	110g	13g	27g	57g	60%	130%	25%	50%
<b>Thai Curry Burrito</b>	Portabella	970	390	45g	15g	0g	0mg	1770mg	118g	15g	32g	32g	60%	130%	25%	50%
<b>Thai Curry Burrito</b>	Shrimp	930	320	38g	14g	0g	140mg	2100mg	110g	12g	27g	44g	60%	130%	30%	45%
<b>Thai Curry Burrito</b>	Steak	990	350	41g	16g	0g	65mg	1720mg	109g	12g	27g	50g	60%	120%	25%	50%
<b>Thai Curry Burrito</b>	Tofu	1020	370	43g	15g	0g	0mg	1690mg	118g	14g	32g	46g	60%	130%	30%	70%
<b>Turkey Chili Burrito</b>		1100	420	48g	27g	0g	185mg	2210mg	124g	9g	19g	42g	50%	45%	70%	40%
<b>Veggie Burrito</b>		960	350	40g	17g	0g	65mg	2310mg	131g	28g	20g	44g	70%	220%	70%	60%
<b>Wing-O-Rito</b>	Classic Buffalo	1090	460	52g	24g	0g	175mg	3310mg	104g	21g	8g	65g	60%	60%	70%	50%
<b>Wing-O-Rito</b>	Honey-Chipotle B	1090	400	45g	22g	0g	175mg	2680mg	121g	21g	23g	65g	50%	60%	70%	50%
<b>Wing-O-Rito</b>	Insane	990	360	41g	22g	0g	175mg	3500mg	106g	21g	9g	66g	50%	70%	70%	50%
<b>Wing-O-Rito</b>	San Francisco	1090	440	50g	23g	0g	175mg	3130mg	111g	21g	15g	65g	60%	60%	70%	50%
<b>Wing-O-Rito</b>	Southwest	1110	480	55g	24g	0g	175mg	2820mg	108g	21g	9g	66g	50%	70%	70%	50%
<b>12" Flour Tortilla</b>		290	70	8g	4g	0g	0mg	570mg	48g	2g	< 1g	8g	0%	0%	10%	15%
<b>12" Whole Wheat Tortilla</b>		310	80	8g	2.5g	0g	0mg	640mg	49g	3g	2g	9g	0%	0%	15%	15%
<b>ENCHILADAS</b>																
<b>Carnitas Enchilada</b>		1500	630	72g	37g	0g	335mg	3440mg	141g	30g	32g	89g	200%	350%	120%	60%
<b>Dance Marathon Enchilada</b>		1160	450	52g	23g	0g	210mg	2920mg	112g	30g	20g	81g	260%	100%	110%	60%
<b>Fajita Enchilada</b>	Chicken	1060	370	42g	22g	0g	210mg	2650mg	111g	29g	20g	77g	180%	230%	100%	50%
<b>Fajita Enchilada</b>	Portabella	1020	410	47g	22g	0g	120mg	2500mg	119g	31g	25g	53g	170%	220%	100%	50%
<b>Fajita Enchilada</b>	Shrimp	990	350	40g	21g	0g	260mg	2830mg	111g	29g	20g	65g	170%	220%	110%	45%
<b>Fajita Enchilada</b>	Steak	1050	380	43g	23g	0g	185mg	2450mg	110g	29g	20g	70g	170%	220%	100%	50%
<b>Fajita Enchilada</b>	Tofu	1080	390	45g	22g	0g	120mg	2420mg	119g	30g	25g	66g	170%	220%	110%	70%
<b>Kristy's Big Sister's Red Velvet Enchilada</b>		1070	380	43g	22g	0g	210mg	2790mg	109g	29g	19g	79g	270%	140%	110%	60%
<b>Kristy's Big Sister's Red Velvet Enchi</b>	Vegetarian	1080	400	46g	22g	0g	120mg	2560mg	117g	30g	24g	68g	270%	130%	120%	70%
<b>Mad Mex Enchilada</b>	Chicken	1010	360	41g	21g	0g	210mg	2570mg	101g	26g	15g	75g	150%	70%	100%	45%
<b>Mad Mex Enchilada</b>	Portabella	970	400	46g	22g	0g	120mg	2430mg	108g	29g	20g	51g	150%	70%	100%	45%
<b>Mad Mex Enchilada</b>	Shrimp	940	340	39g	21g	0g	260mg	2760mg	100g	26g	15g	63g	150%	70%	110%	45%
<b>Mad Mex Enchilada</b>	Steak	1000	370	42g	23g	0g	185mg	2370mg	100g	26g	15g	69g	150%	70%	100%	50%
<b>Mad Mex Enchilada</b>	Tofu	1030	390	44g	22g	0g	120mg	2340mg	109g	27g	20g	65g	150%	70%	110%	60%
<b>Mole Enchilada</b>	Chicken	990	350	39g	16g	0g	155mg	2060mg	110g	28g	19g	66g	160%	70%	70%	50%
<b>Super Mad Mex Enchilada</b>	Chicken	1110	370	42g	22g	0g	210mg	2950mg	116g	31g	18g	80g	310%	130%	110%	60%
<b>Super Mad Mex Enchilada</b>	Portabella	1060	410	47g	22g	0g	120mg	2810mg	123g	33g	23g	56g	310%	130%	110%	60%
<b>Super Mad Mex Enchilada</b>	Shrimp	1030	350	40g	21g	0g	260mg	3140mg	115g	30g	18g	68g	310%	120%	120%	60%
<b>Super Mad Mex Enchilada</b>	Steak	1090	380	43g	23g	0g	185mg	2760mg	115g	30g	18g	74g	310%	120%	110%	70%
<b>Super Mad Mex Enchilada</b>	Tofu	1120	400	46g	22g	0g	120mg	2730mg	124g	32g	23g	70g	310%	130%	120%	80%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Veggie Enchilada</b>		1060	420	48g	22g	0g	120mg	2630mg	125g	32g	27g	54g	180%	190%	100%	50%
<b>6" White Corn Tortillas (3)</b>		150	15	1.5g	0g	0g	0mg	30mg	32g	5g	0g	3g	0%	2%	4%	6%
<b>FAJITAS</b> (w/o Tortillas)																
<b>Chicken Fajita</b>		1070	600	69g	23g	0g	210mg	2060mg	55g	11g	14g	63g	90%	290%	60%	20%
<b>Mahi Mahi Fajita</b>		910	440	51g	20g	0g	255mg	1910mg	50g	10g	13g	64g	90%	280%	60%	30%
<b>Adobo Shrimp Skewers Fajita</b>		1010	590	69g	23g	0g	330mg	2410mg	54g	10g	14g	52g	90%	290%	70%	20%
<b>Steak Fajita</b>		1140	650	74g	26g	0g	220mg	1940mg	53g	10g	14g	67g	80%	290%	60%	35%
<b>Veggie Fajita</b>		1280	760	88g	25g	0g	90mg	2200mg	88g	17g	28g	49g	80%	310%	70%	45%
<b>6" Flour Tortillas (4)</b>		360	80	10g	2g	0g	0mg	800mg	60g	0g	0g	8g	0%	0%	15%	15%
<b>LOS HANDIDOS</b>																
<b>Chicken Chimi</b>		890	270	30g	12g	0g	180mg	2890mg	95g	22g	10g	72g	60%	100%	45%	50%
<b>Chico Pobre Fish Wrap (w/ Waffle Fries)</b>		1600	910	104g	19g	0g	155mg	3180mg	122g	10g	5g	51g	40%	45%	30%	40%
<b>Grilled Chicken Torta</b>		1380	850	99g	23g	0g	250mg	2060mg	59g	8g	4g	71g	30%	40%	70%	30%
<b>Los Wings Wrap</b>	<b>Classic Buffalo</b>	1060	480	53g	19g	0g	150mg	3660mg	86g	4g	4g	58g	60%	35%	60%	30%
<b>Los Wings Wrap</b>	<b>Honey-Chipotle B</b>	1060	350	40g	17g	0g	150mg	2400mg	119g	4g	34g	58g	50%	35%	60%	35%
<b>Los Wings Wrap</b>	<b>Insane</b>	880	270	31g	15g	0g	150mg	4040mg	90g	5g	5g	58g	40%	60%	60%	35%
<b>Los Wings Wrap</b>	<b>San Francisco</b>	1070	440	49g	19g	0g	150mg	3300mg	98g	4g	16g	58g	60%	35%	60%	30%
<b>Los Wings Wrap</b>	<b>Southwest</b>	1120	510	59g	19g	0g	150mg	2680mg	92g	5g	5g	59g	50%	50%	60%	40%
<b>Tofu Wrapture Wrap</b>	<b>Classic Buffalo</b>	1100	560	64g	20g	0g	60mg	2860mg	90g	5g	9g	44g	50%	35%	60%	45%
<b>12" Flour Tortilla</b>		290	70	8g	4g	0g	0mg	570mg	48g	2g	< 1g	8g	0%	0%	10%	15%
<b>12" Whole Wheat Tortilla</b>		310	80	8g	2.5g	0g	0mg	640mg	49g	3g	2g	9g	0%	0%	15%	15%
<b>QUESADILLAS</b>																
<b>Barbacoa Quesadilla</b>	<b>Barbacoa</b>	910	350	40g	17g	0g	215mg	3710mg	61g	8g	12g	77g	180%	180%	60%	45%
<b>Black Bean Quesadilla</b>		680	350	38g	16g	0g	80mg	1230mg	67g	16g	11g	31g	30%	30%	70%	25%
<b>Black Bean Quesadilla</b>	<b>Chicken</b>	760	340	38g	16g	0g	140mg	1450mg	62g	13g	11g	50g	30%	35%	60%	25%
<b>Black Bean Quesadilla</b>	<b>Steak</b>	750	350	39g	17g	0g	125mg	1310mg	62g	13g	11g	45g	30%	30%	60%	30%
<b>Carnitas Quesadilla</b>		880	390	43g	19g	0g	185mg	2340mg	62g	6g	10g	60g	50%	170%	60%	30%
<b>Happy Hippie (STP) Quesadilla</b>		590	290	33g	14g	0g	60mg	1360mg	50g	7g	10g	26g	140%	60%	60%	25%
<b>Kristy's Big Sister's Red Velvet Quesadilla</b>		650	260	29g	14g	0g	145mg	1590mg	45g	5g	6g	51g	140%	80%	60%	30%
<b>Mad Mex Quesadilla</b>	<b>Chicken</b>	650	250	28g	14g	0g	145mg	1450mg	47g	5g	8g	49g	50%	170%	50%	20%
<b>Mad Mex Quesadilla</b>	<b>Portabella</b>	610	300	33g	14g	0g	60mg	1310mg	55g	8g	13g	25g	45%	160%	50%	20%
<b>Mad Mex Quesadilla</b>	<b>Shrimp</b>	570	230	26g	13g	0g	200mg	1640mg	47g	5g	8g	37g	45%	160%	60%	15%
<b>Mad Mex Quesadilla</b>	<b>Steak</b>	630	260	29g	15g	0g	125mg	1260mg	46g	5g	8g	43g	45%	160%	60%	25%
<b>Mad Mex Quesadilla</b>	<b>Tofu</b>	660	280	32g	14g	0g	60mg	1230mg	55g	6g	13g	39g	45%	170%	60%	35%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Pollo En Pipian Quesadilla</b>		770	360	41g	20g	0g	170mg	1720mg	43g	5g	4g	56g	110%	80%	60%	25%
<b>Shrimp Mushroom Spinach Quesadilla</b>		670	320	36g	15g	0g	200mg	1920mg	47g	6g	8g	42g	130%	40%	70%	25%
<b>10" Flour Tortilla</b>		200	60	6g	2.5g	0g	0mg	330mg	32g	2g	0g	5g	0%	0%	10%	8%
<b>TACOS (3 EA.)</b>																
<b>Barbacoa Tacos</b>		1010	270	31g	9g	0g	155mg	4140mg	117g	23g	13g	76g	200%	160%	35%	70%
<b>Carnitas Tacos</b>		940	320	35g	12g	0g	145mg	2370mg	104g	20g	10g	60g	60%	140%	25%	50%
<b>Chicken Tacos</b>		1000	320	36g	17g	0g	195mg	2960mg	106g	24g	11g	75g	70%	100%	70%	50%
<b>Fried Fish Tacos</b>		1420	780	90g	16g	0g	190mg	2480mg	120g	29g	7g	59g	35%	70%	25%	60%
<b>Grilled Mahi Tacos</b>		1000	380	43g	8g	0g	195mg	2370mg	106g	28g	7g	64g	50%	70%	25%	60%
<b>Grilled Steak Tacos</b>		1000	290	32g	13g	0g	155mg	2800mg	115g	28g	15g	74g	80%	210%	60%	70%
<b>Tofu Tacos</b>		1260	340	39g	7g	0g	0mg	4300mg	183g	36g	67g	66g	60%	170%	50%	110%
<b>Wing-O Tacos (w/ Waffle Fries)</b>	<b>Classic Buffalo</b>	1940	1020	114g	27g	0g	215mg	6530mg	132g	10g	2g	85g	70%	30%	50%	40%
<b>Wing-O Tacos (w/ Waffle Fries)</b>	<b>Honey-Chipotle B</b>	1940	770	86g	22g	0g	215mg	4010mg	199g	10g	62g	85g	50%	35%	50%	45%
<b>Wing-O Tacos (w/ Waffle Fries)</b>	<b>Insane</b>	1560	610	69g	18g	0g	215mg	7290mg	140g	11g	4g	87g	35%	90%	60%	50%
<b>Wing-O Tacos (w/ Waffle Fries)</b>	<b>San Francisco</b>	1950	940	104g	25g	0g	215mg	5800mg	157g	10g	27g	85g	70%	30%	50%	40%
<b>Wing-O Tacos (w/ Waffle Fries)</b>	<b>Southwest</b>	2040	1090	124g	26g	0g	215mg	4560mg	145g	12g	4g	87g	60%	70%	60%	60%
<b>6" Flour Tortillas (3)</b>		270	75	7.5g	3g	0g	0mg	450mg	42g	3g	0g	6g	0%	0%	12%	7%
<b>Nacho Mamas Taco Platter (4 ea.)</b>		1050	380	43g	24g	0.5g	200mg	2830mg	104g	24g	12g	71g	70%	90%	110%	50%
<b>6" Yellow Corn Tortillas (4)</b>		170	0	0g	0g	0g	0mg	50mg	35g	2g	0g	3g	0%	0%	6%	4%
<b>DINNER SIDES</b>																
<b>Black Beans</b>		90	0	0g	0g	0g	0mg	310mg	28g	18g	2g	11g	2%	4%	6%	20%
<b>Casa Salad</b>		120	70	8g	3g	0g	10mg	240mg	6g	2g	2g	7g	150%	25%	10%	8%
<b>Chip Basket</b>		1130	440	49g	8g	0g	0mg	1220mg	154g	0g	0g	16g	0%	0%	0%	0%
<b>Mexican Rice</b>		90	0	0g	0g	0g	0mg	240mg	20g	0g	< 1g	2g	6%	10%	0%	4%
<b>Rice and Beans w/ Cheese</b>		390	140	16g	10g	0g	60mg	890mg	49g	18g	2g	27g	20%	15%	45%	25%
<b>Spicy Spinach</b>		15	0	0g	0g	0g	0mg	45mg	2g	1g	0g	2g	100%	25%	6%	8%
<b>Waffle Fries</b>		650	430	47g	7g	0g	0mg	1040mg	52g	5g	0g	5g	0%	4%	0%	4%
<b>Zesty Cornbread</b>		300	150	18g	10g	0g	95mg	210mg	29g	1g	9g	6g	15%	4%	10%	6%
<b>DESSERT</b>																
<b>Vegan Carrot Cake</b>																
<b>I Scream Burrito</b>	<b>Saturday Style</b>	1130	410	46g	18g	0g	120mg	910mg	168g	4g	100g	17g	10%	4%	25%	20%
<b>I Scream Burrito</b>	<b>Sunday Style</b>	1230	460	52g	22g	0g	120mg	1040mg	174g	5g	104g	19g	10%	4%	35%	20%
<b>Mexican Chocolate Brownie</b>		1590	630	70g	25g	0g	145mg	890mg	221g	7g	179g	18g	10%	4%	30%	8%
<b>Sopapilla</b>	<b>Saturday Style</b>	930	340	38g	8g	0g	30mg	610mg	134g	3g	42g	16g	8%	2%	25%	30%



		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Sopapilla</b>	<b>Sunday Style</b>	1020	390	44g	12g	0g	30mg	740mg	138g	5g	45g	18g	8%	2%	35%	35%
<b>Vanilla Ice Cream</b>	<b>Chocolate Fudge</b>	480	170	19g	10g	0g	75mg	230mg	71g	2g	64g	5g	6%	4%	20%	4%
<b>Vanilla Ice Cream</b>	<b>Strawberry Sauce</b>	320	120	13g	6g	0g	75mg	90mg	49g	2g	41g	4g	6%	25%	10%	0%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>KID'S MENU</b>															
Kid's Burrito Beef	680	350	39g	22g	0g	115mg	1240mg	57g	5g	4g	29g	35%	25%	50%	15%
Kid's Burrito Chicken	700	350	39g	22g	0g	140mg	1200mg	54g	5g	3g	37g	30%	20%	50%	15%
Kid's Burrito Steak	700	360	40g	22g	0g	130mg	1100mg	54g	4g	3g	33g	30%	20%	50%	15%
California Grilled Chicken Salad	430	230	27g	12g	0g	120mg	700mg	12g	6g	2g	39g	80%	50%	50%	15%
Carrot and Celery w/ Ranch	250	230	25g	5g	0g	30mg	480mg	7g	1g	4g	2g	90%	2%	8%	2%
Kid's Dino Nuggets	520	300	26g	11g	0g	60mg	950mg	58g	4g	3g	16g	20%	20%	45%	25%
Kid's Grilled Chicken	680	250	27g	14g	0g	105mg	1240mg	80g	5g	5g	31g	30%	35%	15%	20%
Mac 'N Cheese	440	170	19g	5g	0g	25mg	1250mg	48g	2g	2g	15g	8%	0%	20%	8%
Kid's Nachos	930	460	51g	20g	0g	110mg	1400mg	80g	0g	1g	36g	20%	6%	60%	6%
Kid's Pizza	380	160	19g	9g	0g	50mg	750mg	32g	2g	4g	23g	20%	6%	50%	15%
Kid's Quesadilla Cheese	810	400	44g	26g	0g	125mg	1380mg	74g	5g	4g	32g	45%	30%	70%	15%
Kid's Quesadilla Chicken	900	420	47g	27g	0g	170mg	1610mg	75g	5g	4g	46g	45%	30%	70%	20%
Kid's Quesadilla Steak	890	430	48g	27g	0g	160mg	1510mg	74g	5g	4g	43g	45%	30%	70%	20%
Tom's Hard Taco Beef	560	260	29g	17g	0g	95mg	1050mg	59g	4g	6g	21g	35%	40%	25%	15%
Tom's Hard Taco Chicken	590	260	29g	16g	0g	120mg	1010mg	56g	4g	5g	29g	35%	35%	25%	10%
Tom's Hard Taco Steak	580	260	29g	17g	0g	105mg	910mg	56g	4g	5g	25g	35%	30%	25%	15%
Tom's Soft Taco Beef	610	280	31g	18g	0g	95mg	1190mg	64g	5g	6g	22g	35%	40%	30%	15%
Tom's Soft Taco Chicken	630	280	31g	17g	0g	120mg	1140mg	62g	4g	5g	30g	35%	35%	25%	15%
Tom's Soft Taco Steak	630	290	32g	18g	0g	105mg	1050mg	61g	4g	5g	27g	35%	30%	25%	15%
6" Flour Tortilla	90	25	2.5g	1g	0g	0mg	150mg	14g	< 1g	0g	2g	0%	0%	4%	4%
6" Yellow Corn Tortilla	40	0	0g	0g	0g	0mg	15mg	9g	0g	0g	<1g	0%	0%	2%	2%
10" Flour Tortilla	200	60	6g	2.5g	0g	0mg	330mg	32g	2g	0g	5g	0%	0%	10%	8%
Chocolate Brownie	690	330	37g	21g	0g	110mg	370mg	82g	2g	69g	8g	15%	2%	20%	4%

		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>BRUNCH ENTREES</b>																
<b>Breakfast Cornbread</b>		850	300	36g	21g	0g	185mg	430mg	127g	3g	89g	12g	30%	10%	20%	15%
<b>Carnitas and Fried Egg Tacos</b>		820	350	40g	11g	0g	550mg	3560mg	59g	4g	10g	54g	70%	80%	20%	35%
<b>Chilaquiles</b>		1700	780	88g	24g	0g	490mg	2450mg	182g	8g	10g	41g	45%	50%	35%	20%
<b>Granola w/ Yogurt</b>		670	80	9g	3g	0g	10mg	300mg	130g	7g	70g	24g	35%	4%	15%	25%
<b>Granola w/ Yogurt</b>		670	80	9g	3g	0g	10mg	300mg	130g	7g	70g	24g	35%	4%	15%	25%
<b>Huevos Rancheros</b>		690	320	35g	16g	0g	500mg	1520mg	67g	25g	10g	44g	120%	60%	70%	40%
<b>Eggchilada</b>		1360	610	70g	39g	0g	630mg	2850mg	132g	28g	25g	65g	180%	70%	120%	60%
<b>Mad Mex Huevo Burrito</b>	Chicken	1110	510	58g	26g	0g	585mg	2870mg	78g	4g	7g	67g	60%	60%	70%	40%
<b>Mad Mex Huevo Burrito</b>	Portabella	1070	550	63g	27g	0g	500mg	2720mg	85g	7g	12g	42g	50%	50%	60%	40%
<b>Mad Mex Huevo Burrito</b>	Shrimp	1030	490	56g	26g	0g	635mg	3050mg	78g	4g	7g	55g	50%	50%	70%	40%
<b>Mad Mex Huevo Burrito</b>	Steak	1090	520	59g	28g	0g	560mg	2670mg	77g	4g	7g	60g	50%	50%	70%	45%
<b>Mad Mex Huevo Burrito</b>	Tofu	1120	540	62g	27g	0g	500mg	2640mg	86g	5g	12g	56g	50%	50%	70%	60%
<b>Masa Pancakes</b>	Bacon	1050	460	51g	23g	0g	145mg	1220mg	135g	2g	105g	19g	15%	6%	35%	10%
<b>Masa Pancakes</b>	Chorizo	860	300	33g	12g	1.5g	110mg	840mg	135g	2g	105g	13g	40%	4%	30%	10%
<b>Masa Pancakes</b>	Soy Sausage	870	240	27g	12g	0g	95mg	1170mg	140g	4g	105g	30g	15%	4%	30%	25%
<b>Steak and Egg Quesadilla</b>		880	460	51g	27g	0g	570mg	1730mg	44g	4g	5g	55g	50%	35%	60%	35%
<b>BRUNCH SIDES</b>																
<b>Chorizo (2)</b>		140	110	12g	0g	1.5g	20mg	220mg	2g	0g	0g	4g	25%	0%	0%	0%
<b>Mad Mex Homefries</b>		170	80	9g	1.5g	0g	0mg	650mg	21g	2g	3g	2g	8%	30%	2%	8%
<b>One Egg</b>		80	45	5g	1.5g	0g	215mg	70mg	1g	0g	0g	6g	8%	0%	2%	4%
<b>Pepper Bacon (2)</b>		380	320	36g	13g	0g	65mg	710mg	<1g	0g	0g	13g	0%	2%	2%	0%
<b>Soy Sausage (2)</b>		250	80	9g	0g	0g	5mg	800mg	20g	7g	1g	22g	0%	10%	20%	20%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>MARGARITAS (Big Azz: 22 oz./Sweet 16: 16 oz./Little Butt: 12 oz.)</b>															
Apple Cider Frozen, Big Azz	740	0	0g	0g	0g	0mg	15mg	94g	< 1g	70g	1g	2%	120%	4%	2%
Apple Cider Frozen, Sweet 16	540	0	0g	0g	0g	0mg	10mg	70g	< 1g	53g	< 1g	2%	80%	2%	2%
Apple Cider Frozen, Little Butt	410	0	0g	0g	0g	0mg	5mg	53g	0g	40g	< 1g	0%	60%	2%	2%
Apple Cider Rocks, Big Azz	440	0	0g	0g	0g	0mg	5mg	63g	0g	48g	< 1g	0%	60%	2%	2%
Apple Cider Rocks, Sweet 16	300	0	0g	0g	0g	0mg	0mg	45g	0g	34g	0g	0%	40%	2%	2%
Apple Cider Rocks, Little Butt	220	0	0g	0g	0g	0mg	0mg	35g	0g	26g	0g	0%	30%	0%	0%
Banana Slamma Frozen Fruity, Big Azz	770	50	5g	4.5g	0g	0mg	30mg	86g	2g	63g	2g	2%	120%	4%	4%
Banana Slamma Frozen Fruity, Sweet 16	560	40	4.5g	4g	0g	0mg	25mg	64g	2g	47g	1g	2%	90%	2%	4%
Banana Slamma Frozen Fruity, Little Butt	420	30	3.5g	3g	0g	0mg	20mg	48g	1g	36g	1g	2%	60%	2%	2%
Banana Slamma Rocks, Big Azz	470	45	5g	4.5g	0g	0mg	25mg	56g	2g	41g	1g	2%	70%	2%	4%
Banana Slamma Rocks, Sweet 16	320	40	4.5g	3.5g	0g	0mg	20mg	39g	1g	29g	< 1g	2%	40%	2%	2%
Banana Slamma Rocks, Little Butt	240	30	3.5g	3g	0g	0mg	15mg	30g	1g	22g	< 1g	0%	30%	0%	2%
Black Cherry Frozen Fruity, Big Azz	730	0	0g	0g	0g	0mg	15mg	90g	2g	70g	2g	2%	120%	4%	2%
Black Cherry Frozen Fruity, Sweet 16	530	0	0g	0g	0g	0mg	10mg	67g	1g	52g	1g	2%	80%	2%	2%
Black Cherry Frozen Fruity, Little Butt	400	0	0g	0g	0g	0mg	10mg	51g	< 1g	40g	< 1g	0%	60%	2%	0%
Black Cherry Rocks, Big Azz	430	0	0g	0g	0g	0mg	10mg	59g	1g	47g	1g	0%	60%	2%	0%
Black Cherry Rocks, Sweet 16	290	0	0g	0g	0g	0mg	5mg	42g	< 1g	34g	< 1g	0%	35%	2%	0%
Black Cherry Rocks, Little Butt	220	0	0g	0g	0g	0mg	0mg	32g	< 1g	26g	< 1g	0%	25%	0%	0%
Call	240	0	0g	0g	0g	0mg	0mg	16g	0g	13g	0g	0%	30%	0%	0%
Call, Fresh Juice	220	0	0g	0g	0g	0mg	0mg	11g	0g	8g	0g	2%	40%	0%	0%
Candy Cane Frozen, Big Azz	760	0	0g	0g	0g	0mg	55mg	98g	2g	70g	1g	2%	130%	4%	2%
Candy Cane Frozen, Sweet 16	560	0	0g	0g	0g	0mg	45mg	74g	1g	53g	< 1g	2%	90%	2%	2%
Candy Cane Frozen, Little Butt	420	0	0g	0g	0g	0mg	35mg	56g	1g	40g	< 1g	0%	70%	2%	0%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Candy Cane Rocks, Big Azz</b>	460	0	0g	0g	0g	0mg	50mg	67g	1g	48g	< 1g	0%	70%	2%	0%
<b>Candy Cane Rocks, Sweet 16</b>	310	0	0g	0g	0g	0mg	40mg	49g	1g	35g	0g	0%	45%	0%	0%
<b>Candy Cane Rocks, Little Butt</b>	230	0	0g	0g	0g	0mg	30mg	37g	< 1g	26g	0g	0%	35%	0%	0%
<b>Cocoa Loco</b>	290	45	5g	3g	0g	15mg	20mg	13g	0g	11g	1g	4%	0%	4%	0%
<b>Cranberry Frozen Fruity, Big Azz</b>	760	0	0g	0g	0g	0mg	55mg	98g	2g	70g	1g	2%	130%	4%	2%
<b>Cranberry Frozen Fruity, Sweet 16</b>	560	0	0g	0g	0g	0mg	45mg	74g	1g	53g	< 1g	2%	90%	2%	2%
<b>Cranberry Frozen Fruity, Little Butt</b>	420	0	0g	0g	0g	0mg	35mg	56g	1g	40g	< 1g	0%	70%	2%	0%
<b>Cranberry Rocks, Big Azz</b>	460	0	0g	0g	0g	0mg	50mg	67g	1g	48g	< 1g	0%	70%	2%	0%
<b>Cranberry Rocks, Sweet 16</b>	310	0	0g	0g	0g	0mg	40mg	49g	1g	35g	0g	0%	45%	0%	0%
<b>Cranberry Rocks, Little Butt</b>	230	0	0g	0g	0g	0mg	30mg	37g	< 1g	26g	0g	0%	35%	0%	0%
<b>Don Julio VIP</b>	300	0	0g	0g	0g	0mg	0mg	16g	0g	13g	0g	0%	30%	0%	0%
<b>Eggnog-A-Rita</b>	290	50	6g	3.5g	0g	45mg	45mg	21g	0g	17g	3g	2%	2%	10%	2%
<b>Frozen Mad Mex, Big Azz</b>	730	0	0g	0g	0g	0mg	15mg	74g	< 1g	55g	1g	2%	130%	4%	2%
<b>Frozen Mad Mex, Sweet 16</b>	530	0	0g	0g	0g	0mg	10mg	54g	< 1g	40g	< 1g	2%	100%	2%	2%
<b>Frozen Mad Mex, Little Butt</b>	400	0	0g	0g	0g	0mg	5mg	40g	0g	30g	< 1g	2%	70%	2%	0%
<b>Hatch Chili</b>	270	0	0g	0g	0g	0mg	0mg	24g	< 1g	19g	< 1g	8%	150%	2%	2%
<b>Honeydew Frozen Fruity, Big Azz</b>	670	0	0g	0g	0g	0mg	35mg	75g	2g	57g	2g	2%	150%	4%	2%
<b>Honeydew Frozen Fruity, Sweet 16</b>	480	0	0g	0g	0g	0mg	25mg	55g	1g	42g	1g	2%	110%	2%	2%
<b>Honeydew Frozen Fruity, Little Butt</b>	360	0	0g	0g	0g	0mg	20mg	41g	1g	31g	< 1g	2%	80%	2%	2%
<b>Honeydew Rocks, Big Azz</b>	380	0	0g	0g	0g	0mg	25mg	45g	1g	35g	1g	2%	100%	2%	2%
<b>Honeydew Rocks, Sweet 16</b>	240	0	0g	0g	0g	0mg	20mg	30g	1g	23g	< 1g	2%	70%	2%	2%
<b>Honeydew Rocks, Little Butt</b>	180	0	0g	0g	0g	0mg	15mg	22g	< 1g	18g	< 1g	2%	50%	2%	2%
<b>Kiwi Frozen Fruity, Big Azz</b>	680	0	0g	0g	0g	0mg	15mg	77g	2g	54g	2g	2%	120%	4%	2%
<b>Kiwi Frozen Fruity, Sweet 16</b>	490	0	0g	0g	0g	0mg	10mg	56g	2g	40g	1g	2%	80%	2%	2%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Kiwi Frozen Fruity, Little Butt</b>	360	0	0g	0g	0g	0mg	10mg	42g	2g	30g	< 1g	0%	60%	2%	0%
<b>Kiwi Rocks, Big Azz</b>	380	0	0g	0g	0g	0mg	10mg	46g	2g	32g	1g	0%	60%	2%	0%
<b>Kiwi Rocks, Sweet 16</b>	240	0	0g	0g	0g	0mg	5mg	31g	2g	21g	< 1g	0%	35%	0%	0%
<b>Kiwi Rocks, Little Butt</b>	180	0	0g	0g	0g	0mg	5mg	23g	1g	16g	<1g	0%	25%	0%	0%
<b>La Chihuahua</b>	220	0	0g	0g	0g	0mg	0mg	15g	0g	4g	< 1g	8%	70%	2%	2%
<b>Mad Maria</b>	150	0	0g	0g	0g	0mg	380mg	5g	< 1g	3g	< 1g	4%	45%	2%	2%
<b>Mango Frozen Fruity, Big Azz</b>	680	0	0g	0g	0g	0mg	15mg	76g	1g	55g	1g	10%	140%	4%	4%
<b>Mango Frozen Fruity, Sweet 16</b>	490	0	0g	0g	0g	0mg	15mg	56g	1g	40g	< 1g	8%	100%	2%	2%
<b>Mango Frozen Fruity, Little Butt</b>	370	0	0g	0g	0g	0mg	10mg	42g	< 1g	30g	< 1g	6%	80%	2%	2%
<b>Mango Rocks, Big Azz</b>	380	0	0g	0g	0g	0mg	10mg	46g	1g	33g	< 1g	10%	80%	2%	2%
<b>Mango Rocks, Sweet 16</b>	240	0	0g	0g	0g	0mg	10mg	31g	< 1g	22g	0g	8%	60%	2%	2%
<b>Mango Rocks, Little Butt</b>	180	0	0g	0g	0g	0mg	5mg	23g	< 1g	16g	0g	6%	40%	0%	2%
<b>Patron Perfect</b>	220	0	0g	0g	0g	0mg	0mg	11g	0g	8g	0g	2%	40%	0%	0%
<b>Peach Frozen Fruity, Big Azz</b>	670	0	0g	0g	0g	0mg	15mg	74g	2g	53g	2g	8%	240%	4%	2%
<b>Peach Frozen Fruity, Sweet 16</b>	480	0	0g	0g	0g	0mg	10mg	54g	2g	38g	1g	6%	180%	2%	2%
<b>Peach Frozen Fruity, Little Butt</b>	360	0	0g	0g	0g	0mg	5mg	40g	1g	28g	< 1g	6%	140%	2%	2%
<b>Peach Rocks, Big Azz</b>	370	0	0g	0g	0g	0mg	5mg	43g	2g	30g	1g	8%	180%	2%	2%
<b>Peach Rocks, Sweet 16</b>	240	0	0g	0g	0g	0mg	0mg	29g	1g	20g	< 1g	6%	140%	2%	2%
<b>Peach Rocks, Little Butt</b>	170	0	0g	0g	0g	0mg	0mg	21g	< 1g	15g	< 1g	4%	110%	0%	2%
<b>Pina Colada Frozen, Big Azz</b>	730	35	4g	3.5g	0g	0mg	30mg	79g	1g	61g	2g	2%	120%	4%	6%
<b>Pina Colada Frozen, Sweet 16</b>	530	30	3.5g	3g	0g	0mg	20mg	58g	1g	45g	1g	2%	90%	4%	4%
<b>Pina Colada Frozen, Little Butt</b>	400	25	2.5g	2.5g	0g	0mg	15mg	44g	< 1g	34g	< 1g	2%	70%	2%	4%
<b>Pina Colada Rocks, Big Azz</b>	430	35	4g	3.5g	0g	0mg	20mg	49g	< 1g	38g	1g	2%	70%	2%	4%
<b>Pina Colada Rocks, Sweet 16</b>	290	30	3g	3g	0g	0mg	15mg	33g	< 1g	26g	< 1g	2%	45%	2%	4%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Pina Colada Rocks, Little Butt</b>	210	25	2.5g	2g	0g	0mg	15mg	25g	< 1g	20g	< 1g	2%	35%	2%	2%
<b>Pineapple-Mango Frozen Fruity, Big Azz</b>	710	0	0g	0g	0g	0mg	15mg	85g	2g	65g	1g	6%	160%	4%	4%
<b>Pineapple-Mango Frozen Fruity, Sweet 16</b>	520	0	0g	0g	0g	0mg	10mg	63g	1g	48g	1g	6%	120%	2%	2%
<b>Pineapple-Mango Frozen Fruity, Little Butt</b>	390	0	0g	0g	0g	0mg	10mg	48g	1g	37g	< 1g	4%	90%	2%	2%
<b>Pineapple-Mango Rocks, Big Azz</b>	420	0	0g	0g	0g	0mg	10mg	55g	1g	42g	< 1g	6%	110%	2%	2%
<b>Pineapple-Mango Rocks, Sweet 16</b>	270	0	0g	0g	0g	0mg	5mg	38g	1g	30g	< 1g	4%	80%	2%	2%
<b>Pineapple-Mango Rocks, Little Butt</b>	200	0	0g	0g	0g	0mg	0mg	29g	< 1g	23g	0g	4%	60%	2%	2%
<b>Pumpkin Pie Frozen, Big Azz</b>	670	0	0g	0g	0g	0mg	15mg	74g	2g	54g	2g	110%	120%	6%	4%
<b>Pumpkin Pie Frozen, Sweet 16</b>	480	0	0g	0g	0g	0mg	15mg	54g	2g	39g	1g	90%	90%	4%	4%
<b>Pumpkin Pie Frozen, Little Butt</b>	360	0	0g	0g	0g	0mg	10mg	40g	1g	29g	1g	70%	60%	4%	2%
<b>Pumpkin Pie Rocks, Big Azz</b>	370	0	0g	0g	0g	0mg	10mg	44g	2g	31g	1g	110%	60%	4%	4%
<b>Pumpkin Pie Rocks, Sweet 16</b>	240	0	0g	0g	0g	0mg	5mg	29g	1g	21g	< 1g	90%	40%	2%	2%
<b>Pumpkin Pie Rocks, Little Butt</b>	180	0	0g	0g	0g	0mg	5mg	22g	1g	15g	< 1g	70%	30%	2%	2%
<b>Raspberry Frozen Fruity, Big Azz</b>	680	0	0g	0g	0g	0mg	10mg	76g	3g	55g	2g	2%	120%	4%	4%
<b>Raspberry Frozen Fruity, Sweet 16</b>	490	0	0g	0g	0g	0mg	10mg	56g	2g	40g	1g	2%	90%	2%	4%
<b>Raspberry Frozen Fruity, Little Butt</b>	370	0	0g	0g	0g	0mg	5mg	42g	2g	30g	1g	0%	60%	2%	2%
<b>Raspberry Rocks, Big Azz</b>	380	0	0g	0g	0g	0mg	5mg	46g	2g	33g	1g	0%	70%	2%	4%
<b>Raspberry Rocks, Sweet 16</b>	250	0	0g	0g	0g	0mg	0mg	31g	2g	22g	< 1g	0%	40%	2%	4%
<b>Raspberry Rocks, Little Butt</b>	180	0	0g	0g	0g	0mg	0mg	23g	1g	16g	< 1g	0%	30%	2%	2%
<b>Rocks Mad Mex, Big Azz</b>	440	0	0g	0g	0g	0mg	5mg	45g	< 1g	33g	< 1g	2%	80%	2%	2%
<b>Rocks Mad Mex, Sweet 16</b>	300	0	0g	0g	0g	0mg	0mg	30g	0g	22g	0g	0%	50%	2%	0%
<b>Rocks Mad Mex, Little Butt</b>	220	0	0g	0g	0g	0mg	0mg	22g	0g	17g	0g	0%	40%	2%	0%
<b>Rojo Rita</b>	260	0	0g	0g	0g	0mg	0mg	23g	1g	19g	0g	0%	40%	2%	0%
<b>Shamrock-Rita Frozen, Big Azz</b>	810	0	0g	0g	0g	0mg	15mg	107g	< 1g	90g	1g	2%	120%	4%	2%

	Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>Shamrock-Rita Frozen, Sweet 16</b>	590	0	0g	0g	0g	0mg	10mg	81g	> 1g	68g	< 1g	2%	90%	2%	2%
<b>Shamrock-Rita Frozen, Little Butt</b>	450	0	0g	0g	0g	0mg	10mg	60g	0g	51g	> 1g	0%	60%	2%	0%
<b>Shamrock-Rita Rocks, Big Azz</b>	510	0	0g	0g	0g	0mg	5mg	77g	0g	68g	< 1g	0%	60%	2%	0%
<b>Shamrock-Rita Rocks, Sweet 16</b>	350	0	0g	0g	0g	0mg	0mg	56g	0g	50g	0g	0%	40%	2%	0%
<b>Shamrock-Rita Rocks, Little Butt</b>	260	0	0g	0g	0g	0mg	0mg	42g	0g	37g	0g	0%	30%	0%	0%
<b>Strawberry Frozen Fruity, Big Azz</b>	730	0	0g	0g	0g	0mg	10mg	91g	4g	70g	2g	2%	150%	8%	2%
<b>Strawberry Frozen Fruity, Sweet 16</b>	530	0	0g	0g	0g	0mg	10mg	68g	3g	53g	1g	2%	110%	6%	2%
<b>Strawberry Frozen Fruity, Little Butt</b>	400	0	0g	0g	0g	0mg	5mg	52g	3g	40g	< 1g	0%	80%	4%	2%
<b>Strawberry Rocks, Big Azz</b>	430	0	0g	0g	0g	0mg	5mg	61g	4g	48g	1g	0%	90%	6%	2%
<b>Strawberry Rocks, Sweet 16</b>	280	0	0g	0g	0g	0mg	0mg	43g	3g	34g	< 1g	0%	60%	4%	2%
<b>Strawberry Rocks, Little Butt</b>	210	0	0g	0g	0g	0mg	0mg	33g	2g	26g	< 1g	0%	50%	4%	2%
<b>Ultimate</b>	260	0	0g	0g	0g	0mg	0mg	18g	0g	15g	0g	0%	30%	0%	0%
<b>Watermelon Frozen Fruity, Big Azz</b>	640	0	0g	0g	0g	0mg	10mg	67g	< 1g	50g	1g	6%	120%	4%	2%
<b>Watermelon Frozen Fruity, Sweet 16</b>	460	0	0g	0g	0g	0mg	10mg	48g	< 1g	36g	< 1g	6%	90%	2%	2%
<b>Watermelon Frozen Fruity, Little Butt</b>	340	0	0g	0g	0g	0mg	5mg	36g	< 1g	27g	< 1g	4%	60%	2%	2%
<b>Watermelon Rocks, Big Azz</b>	340	0	0g	0g	0g	0mg	5mg	37g	< 1g	27g	< 1g	6%	70%	2%	2%
<b>Watermelon Rocks, Sweet 16</b>	210	0	0g	0g	0g	0mg	0mg	23g	0g	17g	< 1g	4%	40%	2%	0%
<b>Watermelon Rocks, Little Butt</b>	160	0	0g	0g	0g	0mg	0mg	17g	0g	13g	0g	4%	30%	0%	0%
<b>SANGRIA</b>															
<b>Sangria, Red, Carafe</b>	930	0	0g	0g	0g	0mg	5mg	98g	1g	51g	2g	2%	190%	4%	2%
<b>Sangria, Red, Glass</b>	230	0	0g	0g	0g	0mg	0mg	24g	0g	13g	< 1g	0%	45%	0%	0%
<b>Sangria, White, Carafe</b>	650	0	0g	0g	0g	0mg	40mg	92g	0g	69g	1g	2%	150%	2%	2%
<b>Sangria, White, Glass</b>	160	0	0g	0g	0g	0mg	10mg	23g	0g	17g	0g	0%	35%	0%	0%
<b>BRUNCH COCKTAILS</b>															
<b>Mimosa</b>	110	0	0g	0g	0g	0mg	0mg	8g	0g	6g	0g	2%	50%	0%	0%
<b>Tequila Sunrise</b>	220	0	0g	0g	0g	0g	5mg	21g	0g	5g	<1g	2%	70%	2%	2%
<b>White Mexican</b>	310	90	10g	6g	0g	35mg	40mg	4g	0g	0g	3g	6%	2%	10%	0%



		Calories	Cals. From Fat	Total Fat	Sat. Fat	Trans Fat	Cholesterol	Sodium	Carbs	Fiber	Sugars	Protein	Vit. A	Vit. C	Calcium	Iron
<b>APPETIZERS</b>																
Grilled Corn Salsa	5oz	90	20	2.5g	0g	0g	0mg	710mg	16g	3g	6g	3g	15%	45%	2%	4%
Crab Dip w/ Chips		1460	650	72g	22g	0g	175mg	2300mg	161g	< 1g	4g	37g	30%	50%	20%	20%
Grilled Corn of the Cob		700	560	63g	18g	0g	125mg	1040mg	18g	2g	6g	4g	4%	10%	45%	4%
Shoshito Peppers with Spicy Ranch		900	570	64g	11g	0g	45mg	1260mg	68g	41g	44g	23g	180%	710%	10%	40%
Stuffed Hatch Chilis		620	210	24g	10g	0g	90mg	1360mg	71g	8g	22g	36g	140%	410%	40%	25%
<b>ENTREES</b>																
Chicken Tacos (Fall Edition)		840	290	32g	9g	0g	85mg	1950mg	105g	18g	6g	44g	210%	160%	30%	45%
Chicken Tacos (Winter Edition)		870	290	32g	7g	0g	90mg	2090mg	105g	20g	6g	51g	160%	160%	30%	50%
Chico Pobre Fish Wrap		1600	910	104g	19g	0g	155mg	3180mg	122g	10g	5g	51g	40%	45%	30%	40%
Chili, Crab, Tomato Quesadilla		610	290	31g	18g	0g	155mg	1410mg	42g	4g	5g	39g	80%	260%	80%	30%
Corn, Crab, Tomato Quesadilla		670	300	33g	19g	0g	155mg	1700mg	53g	6g	8g	40g	70%	50%	80%	30%
Fall/Winter Vegetable Tacos		750	280	31g	9g	0g	15mg	1730mg	107g	19g	7g	22g	210%	160%	30%	45%
Gobblerito		1460	510	42g	21g	0g	135mg	3920mg	188g	14g	49g	46g	35%	40%	20%	50%
Grilled Chicken and Corn Burrito		880	260	30g	15g	0g	130mg	2160mg	99g	7g	15g	56g	120%	180%	45%	40%
Grilled Chicken and Corn Enchilada		980	290	33g	16g	0g	160mg	2490mg	120g	30g	22g	71g	160%	220%	70%	50%
Grilled Hatch Chili Burrito		830	250	28g	14g	0g	130mg	1880mg	90g	6g	13g	55g	120%	280%	45%	35%
Grilled Hatch Chili Enchilada		930	280	31g	16g	0g	160mg	2200mg	111g	28g	19g	69g	160%	310%	70%	50%
Jerked Drumstyx		1120	690	77g	19g	0g	310mg	7380mg	35g	1g	2g	81g	60%	35%	110%	50%
Leprecorned Beef Burrito		1440	830	92g	45g	0g	295mg	4630mg	105g	11g	12g	42g	230%	100%	35%	40%
Mole Verde Burrito		990	390	44g	18g	0g	140mg	2320mg	91g	7g	4g	59g	70%	80%	60%	50%
Pollo En Pipian Quesadilla		770	360	41g	20g	0g	170mg	1720mg	43g	5g	4g	56g	110%	80%	60%	25%
Reuben Ques O'Dilla		1330	780	87g	29g	0g	215mg	3960mg	82g	9g	24g	57g	30%	45%	90%	45%
Shishitorito		1010	360	41g	14g	0g	110mg	2050mg	107g	15g	20g	54g	220%	270%	30%	50%
Shishitodilla		680	290	33g	15g	0g	140mg	1430mg	45g	6g	6g	49g	70%	110%	45%	25%
<b>SALADS</b>																
Kale Salad w/ Fall Veg/Winter Veg Mix		1180	890	103g	17g	0g	15mg	1190mg	59g	18g	6g	25g	700%	740%	70%	35%
Chopper Salad with Fall Veg - Chicken		450	190	22g	3.5g	0g	70mg	840mg	38g	12g	8g	32g	370%	210%	15%	25%
Chopper Salad with Fall Veg - Portabella		510	280	33g	5g	0g	0mg	940mg	50g	16g	16g	16g	370%	210%	15%	25%
Chopper Salad with Fall Veg - Steak		470	210	24g	4.5g	0g	65mg	740mg	38g	12g	8g	31g	370%	200%	15%	30%
Chopper Salad with Fall Veg/Winter Veg Mix		320	150	18g	2.5g	0g	0mg	480mg	38g	12g	8g	9g	370%	200%	15%	20%