

# Mad Mex

## Allergen Matrix

Updated January, 2020

\*Please be aware that we use common fryer oil. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.

	*Cross Contact Risk	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Treenuts	Wheat/Gluten
<b>Regular Menu Items</b>										
<b>Appetizers</b>										
Buffalo Chicken Empanadas	x	x		x				x		x
Potato Taquitos	x			x				x		x
Shrimp & Fun Guy Taquitos	x						x	x		x
Pennsylvtucky Tofu	x					x		x		x
Jersey Chips	x			x				x		
Samosa Empenadas	x			x				x		x
<b>Salsas &amp; Dips</b>										
Original										
Pico de Gallo										
Tomatillo-Avocado										
Mango Tomatillo										
Fire Roasted Tomato-Chiptole										
Pineapple-Habanero										
Grilled Corn										
Guacamole										
Pepita Hummus	x							x		
XX Cheese Dip				x						x
Kaya Yucatan Black Bean Dip		x		x						
Tortilla Chips	x							x		
<b>Proteins</b>										
Barbacoa								x		
Carnitas										x
Steak								x		
Chicken								x		
Shrimp								x		
Tofu								x		x
Portabello								x		
Taco Beef										
<b>Nachos</b>										
Nachos Grande				x				x		
Carnitas Nachos				x				x		x

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<b>Soup &amp; Chili</b>										
Tortilla Soup				x				x		
Chickpea Chili				x				x		
<b>Mad Wings</b>										
General Zaragoza	x					x		x		x
Honey Chiptole BBQ	x							x		
Clasic Buffalo	x							x		
San Francisco	x							x		
Southwestern	x							x		
Boneless Wings	x							x		x
The Wings of Seitan	x							x		x
<b>Salads (w/out proteins/tortilla -unless noted)</b>										
Casa Salad	x			x						
The Chopper Salad										
California Grilled Salad				x						
Mahi Mahi Salad (includes grilled fish)	x	x	x	x				x		
Wing Salad (includes chicken)	x			x						x
Taco Salad (includes crispy sombrero)	x			x				x		x
<b>Dressings</b>										
Blue Cheese		x		x				x		
Creamy Ranch		x		x				x		
House Vinaigrette		x						x		
Lime-Cilantro Vinaigrette				x				x		
Vegan Chipotle Ranch								x		
<b>Namesake Burritos (w/out protein unless noted, includes flour tortilla)</b>										
The Mad Mex Burrito				x				x		x
Spicy Mad Mex Burrito				x				x		x
Super Mad Mex Burrito				x				x		x
Mad Mex Fajita Burrita				x				x		x

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<b>Burritos Fabulosos (includes flour tortilla)</b>										
Carnitas Burrito (includes cornbread)		x		x				x		x
Shrimp Mushroom Spinach Burrito				x			x	x		x
The Big Burrito	x			x				x		x
<b>Burritos De Pollo (includes flour tortilla)</b>										
Wing-O-Rito	x					*General Zaragoza ONLY		x		x
Dance Marathon Burrito				x				x		x
Kristy's Big Sister's Red Velvet Burrito				x				x		x
<b>Burritos Para Los Vegheads (includes flour tortilla)</b>										
Veggie Burrito				x				x		x
Chickpea Chili Burrito				x				x		x
<b>Tacos (includes flour tortilla)</b>										
Crispy Shrimp Tacos	x			x			x	x		x
Grilled Mahi Mahi Tacos		x	x					x		x
Crispy Fish Tacos	x	x	x					x		x
Grilled Chicken Tacos				x				x		x
Pork & Grilled Pineapple Tacos				x				x		x
Grilled Street Corn & Steak Tacos		x		x				x		x
Wing-O-Tacos	x			x				x		x
Herb O'vore's Tofu Tacos	x							x		x
Nacho Momma's Taco Platter				x				x		x
Roasted Vegetable Tacos	x							x		x
<b>Quesadillas (includes flour tortilla)</b>										
The Mad Mex Quesadilla (w/out protein)				x				x		x
Crabby Corn Quesadilla				x			x	x		x
Avodilla				x				x		x
Carnitas Quesadilla				x				x		x
Kristy's Big Sister's Red Velvet 'Dilla				x				x		x
Black Beanie Quesadeenie		x		x				x		x





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<b>Kids Menu Items</b>										
Tom's Hard Taco				X				X		
Tom's Soft Taco				X				X		X
California Chicken Salad				X				X		X
Kiddo Burrito				X				X		X
Kid's Quesadilla				X				X		X
Why Did the Chicken Cross the Grill?				X				X		X
Kiddie Beefie Nachos				X				X		
Dino Nuggets	X			X				X		X
Mac-N-Cheese		X		X				X		X
Kid's Brownie	X	X		X	X			X	X	X

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<b>Brunch Menu Items</b>										
<b>Proteins</b>										
Bacon										
Grilled Steak								x		
Chorizo										
Grilled Chicken								x		
Portobella								x		
Marinated Tofu								x		
Soy Sausage								x		
Sauteed Shrimp								x		
<b>Plates</b>										
Mad Mex Breakfast Burrito		x		x				x		x
Brussels Sprouts & Egg Quesadilla		x		x				x		x
Huevos Rancheros		x		x				x		
Mad Waffle		x		x				x		x
Mad Chicken Waffle	x	x		x				x		x
Carnitas Tacos		x						x		x
Avocado Toast		x		x						x
Steak & Egg Quesadilla		x		x				x		x
King Migas Wrap		x		x				x		x
<b>Sides</b>										
Zesty Blue Cornbread Skillet		x		x						x
One Egg		x								
Mad Mex Home Fries								x		
Peppered Bacon										
Chorizo										
Soy Sausage								x		

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<b>Seasonal Menu Items</b>										
<b>Appetizers</b>										
Calamari	x			x			x	x		x
Cheeseburger Empanadas	x			x				x		x
Plataversary Empanadas	x			x				x		x
Roasted Corn Empanadas	x			x				x		x
Shoshito Peppers	x			x				x		
Stuffed Hatch Chillis				x	x			x		x
<b>Chips &amp; Dips</b>										
Crab Dip				x			x			
Tortilla Chips	x							x		
<b>Nachos</b>										
Barbacoa Nachos		x		x				x		
Turkey Chili Nachos				x				x		
Wing-O-Nachos	x	x		x				x		
<b>Salads (w/out flour tortilla)</b>										
Caesar Salad				x				x		
Baby Kale Salad				x						
<b>Soup &amp; Chili</b>										
Corn Chowder					x			x		x
Black Bean Turkey Chili				x				x		
Thai Corn Chowder								x		
Black Bean Soup				x				x		
<b>Burritos (includes flour tortilla, does not include protein unless noted)</b>										
Angry Hippie Burrito				x				x		x
Barbacoa Burrito				x				x		x
Barbecue Burrito				x				x		x
Chicken Mole Burrito					x			x		x
Feastivus Burrito				x				x		x
Gobblerito	x			x				x		x





